Kelcie Feeney

IMD351

11/1/2015

# Progress Report #2

In the last sprint I was in the planning stage of the project. I contacted an SME and I plan on continuing in the same direction with this project. I will continue to focus on making Mindfulness coping tools and techniques, along with the cognitive and dialect behavior worksheets, available in one location for public use. I will be adding features to make my site more desirable and competitive.

## What has already been completed as of 11/1

* Contacted Laura Grant at Seattle Community Psychiatric Clinic.

o On 10/21 I spoke with Laura Grant, A licensed therapist that works at Community Psychiatric Clinic. I introduced her to my project. We discussed the needs of the demographic and potential features that my project could offer. Ms. Grant gave me a list of mindfulness techniques that are often suggested for patients dealing with panic and phobia disorders. I also received CBT and DBT worksheets that I will be converting into an interactive form for my website.

* Created use case diagram and user stories.
* Improved personas based on my group’s critique.
* Decided to add more features to the site after speaking with SME and completing a competitive analysis to determine what will set my project apart from websites currently available to the public.
* Started testing small interactive forms using JavaScript. I will be using interactive forms on my project website to digitize the CBT and DBT worksheets.

# Sprint 10/18-11/1

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **ID** | **Pri** |  | **Task** | **Type** | **Est.** | **Actual.** | **Complete** |
| 1a |  | 3 | Create Logo comps. | Design | 180 | 120 | YES |
| 2a |  | 4 | Wireframe web layout | Design | 120 | 30 | NO\* |
| 3a |  | 1 | Contact outreach programs | Research | 120 | 140 | YES |
| 4a |  | 5 | Gather possible media items for website | Research | 60 | 120 | NO\* |
| 5a |  | 6 | Create Navigation | HTML/CSS | 180 | 0 | NO\* |
| 6a |  | 2 | Collect CBT and DBT worksheets | Research | 45 | 15 | YES |

\* Items not completed will be added to the next sprint

## Future Plans

During this sprint I will be creating wireframes of the website for both mobile and monitor view, I want the site to be responsive. I will also be picking out a color pallete, fonts, and images that are royalty free to set the tone of the website. I will continue making a logo for the website. In this coming sprint I will focus on validating this project. I will finish allocating resources to use on the website. This week in IMD351 we will be learning about MySQL. I will be wire-framing with MySQL in mind. I am aiming to have the page navigation coded by the end of this sprint.

## Concerns

I am concerned about the quality of audio and video content I will be able to provide on this website. I was unaware at the start of my project that I would have to create my own. I originally wanted to use guided meditation audio from UC Berkely. And a You-tube playlist of meditation videos. I have sent an email to Berkley’s Mindful Awareness Research Center. I am hoping that they will allow me to use their audio on my webpage, if not then I will find another way.

## Reflections

After reflecting this last sprint I realize that I was NOT done researching my project. I was not aware of the problems I would have attaining the media for this project. Items 2a, 4a, and 5a will be moved to the next sprint.

# Sprint beginning 11/1/2015

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **ID** | **Pri** |  | **Task** |  | **Type** | **Est.** | **Actual.** | **Complete** |
| 1b |  | 6 | Refine Logo comps. |  | Design | 120 |  |  |
| 2a\* |  | 3 | Wireframe web layout |  | Design | 90 |  |  |
| 4a\* |  | 2 | Secure Media for Use on Website |  | Research | 120 |  |  |
| 7a |  | 1 | Project Validation 1-3 pages |  | Research | 60 |  |  |
| 5a\* |  | 4 | Create Navigation |  | design/code | 180 |  |  |
| 6b |  | 5 | Digitize Mindfulness Worksheets |  | design/code | 180 |  |  |

## \* Items added from the last sprint